

Breakfast

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	Orange Juice Pineapple & Strawberry Infused Water	Apple Juice Orange & Lime Infused Water	Orange Juice Cucumber Infused Water	Apple Juice Strawberry & Blueberry Infused Water	Orange Juice Pear Infused Water	Apple & Orange Juice Raspberry & Apple Infused Water	Apple & Orange Juice Watermelon Infused Water
BREAKFAST OPTION 1	Grilled Bacon Sandwich's	Grilled Sausages Scrambled Eggs Quorn Sausages Baked Beans Hash Browns	Breakfast Wrap Beans, Sausage & Hash Brown	French Toast, Grilled Tomato, Sautéed Mushroom	Grilled Back Bacon Scrambled Eggs Hash Browns Baked Tomatoes	Freshly Baked Croissants Stuffed with Ham and Cheese	Brunch Bacon Sausage Fried Eggs Baked Beans Mushrooms Hash Browns
BREAKFAST OPTION 2	Grilled Quorn Sausage Sandwich		Vegetarian Breakfast Wrap Mushrooms, Beans, Hash Brown	Breakfast Smoothies	Pain au Chocolate	Spinach and Cheese Stuffed Croissant	Continental Meats & Cheeses
DAILY BREAKFAST ITEMS	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk, Soya Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves
FRUIT	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Whole Fruit	Sliced Fresh Fruit

Breakfast

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	Orange Juice Pineapple & Strawberry Infused Water	Apple Juice Orange & Lime Infused Water	Orange Juice Cucumber Infused Water	Apple Juice Strawberry & Blueberry Infused Water	Orange Juice Pear Infused Water	Apple & Orange Juice Lemon Infused Water	Apple & Orange Juice Pear and Apple Infused Water
BREAKFAST OPTION 1	Grilled Back Bacon, Spanish Tortilla; Baked Beans	Grilled Sausages Scrambled Eggs Baked Beans Hash Browns	Breakfast Wrap Beans, Sausage & Hash Brown	Spinach and Cheddar Cheese Frittata	Scrambled Egg, Spinach and Ham Wraps	Baked Sausages Poached Eggs Baked Beans Sauteed Potatoes	Brunch Bacon Sausage Fried Eggs Baked Beans Mushrooms Hash Browns Tofu Scrambled Egg
BREAKFAST OPTION 2	Quorn Sausages	Pan au Chocolate	Vegetarian Breakfast Wrap Mushrooms, Beans, Hash Brown	Toasted Wholemeal Bloomer with Sautéed Mushrooms	Boiled Eggs & Toast	Honey and Cinnamon Churros	Continental Meats & Cheeses Smoothie
DAILY BREAKFAST ITEMS	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves
FRUIT	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Whole Fruit	Sliced Fresh Fruit

Breakfast

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HYDRATION	Orange Juice Pineapple Infused Water	Apple Juice Orange & Lime Infused Water	Orange Juice Cucumber Infused Water	Apple Juice Strawberry Blueberry Infused Water	Orange Juice Pear Infused Water	Apple & Orange Juice Lime Infused Water	Apple & Orange Juice Apple Infused Water
BREAKFAST OPTION 1	Grilled Back Bacon Poached Egg Sautéed Mushrooms Baked Beans Hash Browns	Breakfast Quesadillas Sausage Cheese and Eggs	Poached or Fried Egg with Toast	Grilled Sausages Scrambled Eggs Baked Beans Hash Browns	French Breakfast, Cheese & Tomato Filled Croissants	Sautéed Chorizo Hash, with Tomatoes	Brunch Bacon Sausage Fried Eggs Baked Beans Mushrooms Hash Browns
BREAKFAST OPTION 2	Pain au Chocolate	Breakfast Quesadillas Spinach and Cheese	Scotch Pancakes with Blueberry and Whip Honey Yogurt	Quorn Sausages	Croissant	Poached Eggs & Toast	Tofu Scrambled Egg Smoothie
DAILY BREAKFAST ITEMS	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves	Porridge Station Cows Milk & Oat Milk Cereals Yoghurt Station Toast & Preserves
FRUIT	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Sliced Fresh Fruit	Whole Fruit	Whole Fruit	Sliced Fresh Fruit

Morning and Afternoon Break

PRE-PREP WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter
AFTERNOON BREAK	Wholemeal Pitta Pizza	Lighter Lemon Drizzle	Homemade Pork & Apple Sausage Roll or Vegan Mushroom and Leek Sausage Roll	Banana Bread	Healthy Honey Seeded Flapjack

Morning and Afternoon Break



PRE- PREP WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter
AFTERNOON BREAK	Cheddar Cheese Straws	Sweet Potato Brownie	Lighter Lemon Drizzle	Granola Bar	Cheese & Tomato Pizza Bagels

Morning and Afternoon Break



PRE-PREP WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter	Selection of Whole Fruit or Wholemeal Bread with Butter
AFTERNOON BREAK	Pain au Chocolate	Classic Shortbread	Cheddar Cheese and Tomato Pizza Baguette	Healthy Honey Seeded Flapjack	Classic Pork & Onion Sausage Roll or Vegan Sausage Roll

Morning and Afternoon Break



PREP WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING BREAK	Wholemeal Pitta Pizza	Lighter Lemon Drizzle	Homemade Pork & Apple Sausage Roll or Vegan Mushroom and Leek Sausage Roll	Chocolate Chip Cookie	Healthy Honey Seeded Flapjack	Cheddar Cheese Twists	
AFTERNOON BREAK	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit		
EVERY DAY	Hydration Station						

Morning and Afternoon Break



PREP WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING BREAK	Cheddar Cheese Straws	Sweet Potato Brownie	Lighter Lemon Drizzle	Granola Bar	Cheese & Tomato Pizza Bagels	Home Baked Chocolate Chip Cookies	
AFTERNOON BREAK	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit		
EVERY DAY	Hydration Station Whole Fruit						

Morning and Afternoon Break



PREP WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING BREAK	Pain au Chocolate	Classic Shortbread	Oaty Cookie	Healthy Honey Seeded Flapjack	Classic Pork Sausage Roll	Iced Vanilla Sponge	
AFTERNOON BREAK	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit	Selection of Whole Fruit		
EVERY DAY	Hydration Station Whole Fruit						

Lunch

PRE-PREP WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Vegetable Sausages and Mash with Rich Gravy	Roast Boneless Chicken Thigh with Gravy	Pasta Bar Choice of Pasta with Choice of	Beef Rogan Josh	Char Grilled Chicken Burger in a Soft Bap Homemade Burger Relish
PLANT BASED	Potato Gnocchi in a Tomato Sauce	Beetroot, Butternut Squash and Sage Wellington	Creamy Carbonara Or Tomato & Roasted Vegetable	Sweet Potato & Spinach Curry	Homemade BBQ Bean Burger in a Soft Bap with Burger Relish
SIDES	Buttered Green Cabbage Roasted Carrots	Roasted New Potatoes Courgettes Cauliflower	Homemade Garlic Slice Green Beans Peppers & Onions	Steamed Rice Mini Naan Bread Sweetcorn Broccoli	Potato Wedges Baked Beans Steamed Peas
DESSERT	Lemon Curd Sponge with Custard	White Chocolate Fudge Pot	Traffic Light Jelly	Gingerbread Cake with Lemon Sauce	Rice Krispie Cake
SALAD BAR	A Selection of Simple and Composite Salads				
EVERY DAY	A Selection of Jacket Potatoes, Sweet Potato and Various Toppings Yoghurt Pots Whole Fruit				

Lunch

PRE PREP WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Vegetable Tikka Masala	Beef Lasagne	Pasta Bar Choice of Pasta with Choice of	Cumberland Pork Sausage with Gravy	Fish Fingers with Lemon Wedge
PLANT BASED	Creamy Chickpea Curry	Vegetable Lasagne	Beef Bolognaise Or Cheesy White Sauce	Vegetable Sausage with Gravy	Baked Cheddar Cheese and Tomato Frittata
SIDES	Steamed Rice Mini Poppadum Broccoli	New Potatoes Steamed Peas Spring Vegetables	Homemade Garlic Slice Steamed Sweetcorn Broccoli	Mashed Potato Steamed Carrots Sauteed Courgette	French Fries Steamed Peas Baked Beans
DESSERT	Chocolate Sponge and Chocolate Custard	Honey Drizzled Flapjack	Fruit Jelly	Bread and Butter Pudding	Strawberry Jam Sponge and Custard
SALAD BAR	A Selection of Simple and Composite Salads				
EVERY DAY	A Selection of Jacket Potatoes, Sweet Potato and Various Toppings Yoghurt Pots Whole Fruit				

Lunch

PRE PREP WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Vegetable Fajitas	Roast Chicken with Gravy and Stuffing	Pasta Bar Choice of Pasta with Choice of	Prime 4oz British Beef Burger in a Soft Bap	Fish Fingers with Lemon Wedge
PLANT BASED	Mushroom, Black Bean and Cheddar Cheese Quesadilla and Rice	Aubergine Bake with Crispy Crumb Topping	Creamy Chive and Bacon Or Nut Free Green Pesto	Feta Cheese and Bean Burger in a Soft Bap	Pea Fritter Served with Lemon Wedge
SIDES	Carrots Broccoli	Roasted New Potatoes Sauteed Courgettes Steamed Cauliflower	Steamed Green Beans Sauteed Peppers & Onions	Herby New Potatoes BBQ Baked Beans Sweetcorn	Chunky Chips Baked Beans Steamed Peas
DESSERT	Warm Chocolate Sponge with Vanilla Cream	Fresh Fruit Salad	Goopy Chocolate Brownie	Lemon Sponge Cake with Custard	Classic Bread and Butter Pudding with Custard
SALAD BAR	A Selection of Simple and Composite Salads				
EVERY DAY	A Selection of Jacket Potatoes, Sweet Potato and Various Toppings Yoghurt Pots Whole Fruit				

Lunch

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP & BREAD	Curried Potato & Spinach White Baguette	Tomato & Basil Roasted Onion Bread	Lentil & Butterbean Olive Focaccia	Carrot & Orange Seeded Bloomer	Summer Root Vegetable Multi Seeded Bread		
MAIN EVENT	Vegetable Sausages and Mash with Rich Gravy	Roast Chicken Thigh with Gravy	Pasta Bar Choice of Pasta with Choice of	Beef Rogan Josh	Char Grilled Chicken Burger in a Soft Bap with Homemade Burger Relish	French Pork Blanquette With Mushroom Rice	
PLANT BASED	Potato Gnocchi in a Tomato Sauce	Beetroot, Butternut Squash and Sage Wellington	Creamy Carbonara Or Tomato & Roasted Vegetable	Sweet Potato & Spinach Curry	Homemade BBQ Bean Burger in a Soft Bap with Burger Relish	Baked Stuffed Mushrooms, Puy Lentils and Tomato	Light Lunch
SIDES	Buttered Green Cabbage Roasted Carrots	Roasted Parmesan New Potatoes Sauteed Courgettes Steamed Cauliflower	Homemade Garlic Slice Steamed Green Beans Sauteed Peppers & Onions	Steamed Rice Mini Naan Bread Mango Chutney	Hand Cut Wedges Baked Beans Steamed Peas	Garlic Bread Steamed Broccoli Italian Parmesan Salad	
DESSERT	Lemon Curd Sponge with Custard	Oat Milk Rice Pudding and Raspberry Compote	Traffic Light Jelly	Gingerbread Cake with Lemon Sauce	Rice Krispy Cake	Baked Cookies	
EVERY DAY	<p>A Selection of Simple and Composite Salads</p> <p>A selection of Jacket Potatoes, Sweet Potato and Various Toppings</p> <p>Whole Fruit</p>						

Lunch

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP & BREAD	Butternut Squash, Tomato Bread	Cream of Onion Wholemeal Cobb	Cauliflower, Crusty White Bloomer	Chunky Vegetable Flat Bread	Parsnip & Apple Soup Spiced Curry Bread		
MAIN EVENT	Vegetable Tikka Masala with Mini Poppadum & Mango Chutney	Beef Lasagne	Pasta Bar Choice of Pasta with Choice of Beef Bolognaise Or Cheesy White Sauce	Cumberland Pork Sausage with Gravy	Breaded Sustainable Fish Served with Lemon Wedge and Tartare Sauce	Thai Coconut Chicken Curry	
PLANT BASED	Creamy Chickpea Curry with Mini Poppadum & Mango Chutney	Vegetable Lasagne		Vegetable Sausage with Gravy	Baked Cheddar Cheese and Tomato Frittata	Broad Bean, Chilli, and Broccoli Noodles	
SIDES	Steamed Rice Broccoli Roasted Carrots	Parsley New Potatoes Steamed Peas Root Vegetables	Homemade Garlic Slice Steamed Sweetcorn Broccoli	Creamy Mashed Potato Steamed Carrots Sauteed Courgette	Chunky Chips Baked Beans Steamed Peas	Fried Rice Vegetable Spring Rolls	Light Lunch
DESSERT	Chocolate Sponge and Chocolate Custard	Honey Drizzled Flapjack	Fruit Jelly	Bread and Butter Pudding	Strawberry Jam Sponge Cake	Apple Pie and Custard	
EVERY DAY	A selection of simple and composite salad A selection of Jacket Potatoes and various toppings Whole Fruit						

Lunch

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP & BREAD	Carrot & Ginger White Baguette	Root Vegetable Multi Seeded Bloomer	Cream of Mushroom, Wholemeal Bread	Lentil & Butterbean White Baguette	Leek and Potato Chunky Bread		
MAIN EVENT	Vegetable Fajitas with Nachos and Guacamole	Roast Bacon Steak with Gravy and Stuffing	Pasta Bar Choice of Pasta with Choice of Creamy Chive and Bacon Or Nut Free Green Pesto	Prime 4oz British Beef Burger in a Soft Bap	Battered Sustainable Fish Served with Lemon Wedge and Tartare Sauce	Cheddar, Bacon and Leek Quiche	
PLANT BASED	Mushroom, Black Bean and Cheddar Cheese Quesadilla and Rice	Aubergine Bake with Crispy Crumb Topping		Feta Cheese and Bean Burger in a Soft Bap	Pea Fritter Served with Lemon Wedge	Roast Tomato and Feta Quiche	
SIDES	Carrots Broccoli	Roasted New Potatoes Sautéed Courgettes Steamed Cauliflower	Steamed Green Beans Sautéed Peppers & Onions	Herby New Potatoes Coleslaw Corn on the Cob	Chunky Chips Baked Beans Steamed Peas	New Potatoes Sautéed Green Beans	Light Lunch
DESSERT	Warm Chocolate Sponge with Vanilla Cream	Fresh Fruit Salad	Warm Dark Chocolate Brownie	Lemon Sponge Cake with Custard	Poppysseed and Banana Loaf	Granola Yoghurt and Summer Berry Pot	
EVERY DAY	A selection of simple and composite salad A selection of Jacket Potatoes and various toppings Whole Fruit						

Pre Prep Tea



PRE PREP TEA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Chicken and Sweetcorn Wrap	Selection of Sandwiches, Popcorn and Crudité	Stuffed Jacket Baked Potato	Tuna, Pasta and Sweetcorn	Baked Beans or Spaghetti on Toast
WEEK TWO	Cheese and Tomato Pizza Slice	Selection of Sandwiches, Rice Crackers and Crudité	Nut Free Pesto Pasta	Cheese, Ham and Cucumber Wrap	Baked Beans or Spaghetti on Toast
WEEK THREE	Wholemeal Tomato Pasta with Ham	Selection of Sandwiches, Crisps and Crudité	Cream of Mushroom Soup & Wholemeal Bread	Cream Cheese Bagel with Cucumber Sticks	Baked Beans or Spaghetti on Toast
EVERY DAY	A Selection of Salads, Whole Fruits and Sweet Treat				

Supper

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN EVENT	Chicken, Black Bean & Spring Onion Stir-fry	Cajun & Cool Lime Pork Burritos	Garlic & Herb Panko Chicken Burger in a Soft Bap	Turkey Shawarma with a Warmed Flatbread, Crisp Lettuce, Garlic Mayonnaise	Sticky Spare Ribs	Baked Mediterranean Chicken and Parmesan Linguine	Roast Beef, Pan Gravy
VEGETARIAN	Black Bean, Chestnut Mushroom, Jackfruit & Broccoli Stir Fry	Cajun Quorn Burritos	Breaded Vegetable Burger in Soft Bap with Garlic Aioli	Spiced Sweet Potato & Chickpea Shawarma with a Warmed Flatbread, Crisp Lettuce & Garlic Mayonnaise	Wild Mushroom, Butterbean & Kale Pasta Bake	Baked Spinach and Cheese Gnocchi Wild Mushroom and Pumpkin Seed	Hasselback Borlotti and Chickpea, Courgette Bake
SIDES	Soy Glazed Noodles Prawn Crackers Stir-fried Vegetables	Turmeric Rice Steamed Green Beans Pica de Gallo Sour Cream	Chunky Chips Caesar Salad Baked Beans	Half Baked Jackets Steamed Sweetcorn Tabbouleh Salad	House Baked Sweet Potato Fries, Garlic Mayo Cider Vinegar Slaw Corn on the Cob	Garlic Flat Bread Rocket and Shaved Parmesan Salad Roasted Peppers	Rosemary Roast Potatoes, Roasted Root Vegetables
DESSERT	Lemon & Blueberry Sponge	Oreo Blondie	Chocolate Chip Krispie Cake	Tea Loaf	Oat Chocolate Chip Biscuits	Baked Passion Fruit Cheesecake	Warm Chocolate Sponge with Vanilla Cream
EVERY DAY	SELECTION OF WHOLE FRUIT						

Supper



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN EVENT	Selection Of Handmade Pizzas With a Variety Of Vegan and Vegetarian Toppings	Grilled, Soy, Honey Sticky Pork Steak	Panko Breaded Chicken with Ciabatta	Blackened Seasoned Turkey Fajitas BBQ Chilli Jam	Creamy Chicken and Bacon Pasta Bake	Souvlaki Greek Style Gyros Lamb Koftas	Roast Pork Served with Stuffing
VEGETARIAN		Bubble & Squeak Cake with a Cajun Tomato Sauce	Quorn & Leek Pie with a Puff Pastry Lid & Cider Jus	Spiced Mixed Bean Fajitas	Baked Mushrooms, Oat Cream Bruschetta	Grilled Halloumi with Roasted Red Onion and Pepper	Seeded Butternut Roast
SIDES	Parmentier Potatoes Baked Beans Mixed Salad	Crushed Buttered New Potatoes Braised Red Cabbage Steamed Peas	Cajun Fries Roasted Carrots Steamed Peas	Firecracker Rice Corn on the cobb Avocado Wraps	Crusty Rolls Roasted Courgette and Onions	Herby Orzo Beetroot, Garlic & Mint Yoghurt	Roast Potatoes Parsnips Cauliflower Cheese Swede Puree Yorkshire Pudding
DESSERT	Chocolate Marble Cake	Carrot Cake	Vanilla Sponge Cake	White Chocolate Cookies	Traditional Shortbread	Fresh Fruit Salad	Eton Mess
EVERY DAY	SELECTION OF WHOLE FRUITS						

Supper

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN EVENT	Hunters BBQ Chicken with Mature Cheddar	Lamb Hotpot	Beef Bolognese	Maple Roasted Chicken Thigh	Cajun Pork Burrito	Chicken and Butternut Lasagne	Roast Turkey with Stuffing
VEGETARIAN	Roasted Vegetable Pasta Bake Topped with Cheddar Cheese	Autumn Vegetable and Bean Pie	Puy Lentil Bolognese	Cauliflower Cajun Steak	Quorn Mince Tacos Chilli Soya Jam	Celeriac and Courgette Lasagne	Beetroot and Squash Wellington with Kale Pesto
SIDES	Diced Sautéed Potatoes Braised Leeks Sweetcorn	Leek & Cheddar Mashed Potatoes Steamed Peas & Cauliflower	Spaghetti Garlic Slice Steamed Broccoli	Roasted Potato Wedges Steamed Carrots Pica de Galo Salad	Dirty Sweet Potato Fries Mixed Peppers Mushy Peas	Roasted Garlic and Kalé Mushrooms	Roast Potatoes, Creamed Leeks, Honey Parsnips
DESSERT	Toffee Yoghurt Pot	Fruit Berry and Vanilla Summer Pudding	Tropical Fruit Salad	Chocolate Fudgecake	Crumble Dessert Pot	Lemon, and Ginger Sponge	Chocolate Bread and Butter Pudding
EVERY DAY	SELECTION OF WHOLE FRUITS						